



Colon Health Sensor

Jane Doe
DEMO_DS



Dear Ms. Doe,

Your sample for the analysis arrived on in the laboratory and was evaluated according to the highest laboratory quality standards. The results were evaluated and released by two independent geneticists and molecular biologists. After obtaining the results, your personal report was compiled. We hereby convey the results to you in the format of your choice.

We would like to thank you for your trust and hope that you are satisfied with our service. We are always open to questions and suggestions. Please do not hesitate to contact us. We value your feedback. This is the only way we can continuously improve our services.

We hope the analysis meets your expectations.

Kind regards,

Dr. Daniel Wallerstorfer BSc.
Laboratory Director

Florian Schneebauer, MSc.
Laboratory Manager

Colon Health Sensor

Personal analysis results for:
Jane Doe | Date of birth: 01/01/1990

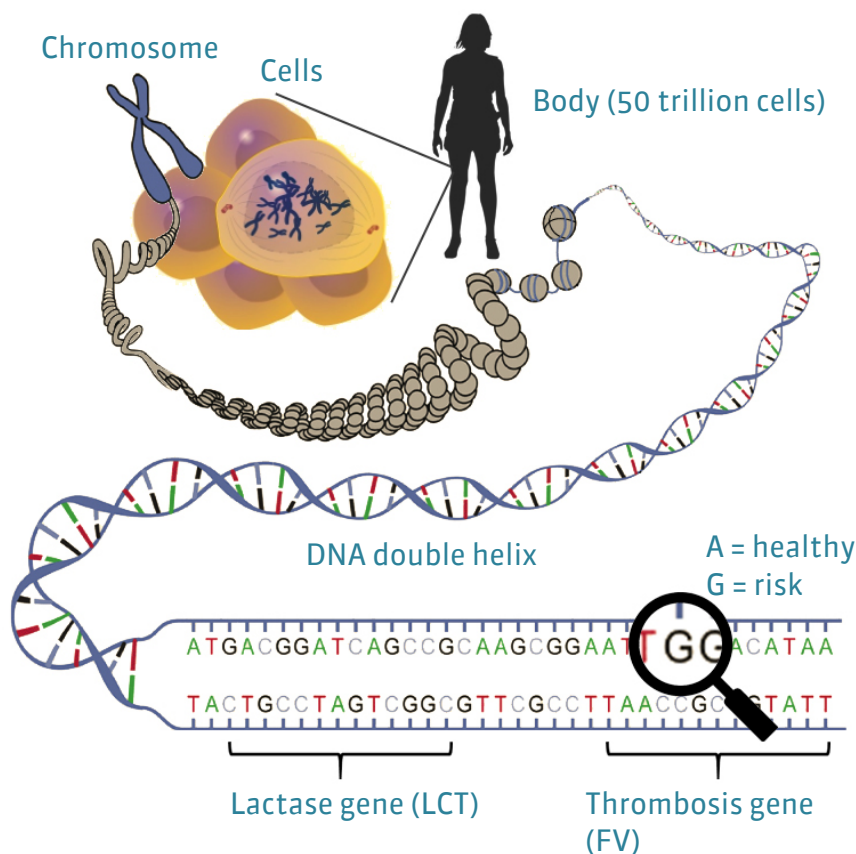
Order number:
DEMO_DS

This report contains personal medical information that is highly confidential. Data protection must be ensured.



How genes influence our health

The human body consists of about 50 trillion individual cells. Most of these cells have a nucleus, which contains 46 chromosomes. A chromosome consists of a very closely wound thread, the DNA "double helix."



DNA, the genetic code, is the blueprint of the human body. This genetic code consists of approximately 3.1 billion molecules, which are each represented by a letter. About 1% of this code makes up the genes. Each gene is an instruction for the body, usually with a single function. For example, some genes tell the body how to colour the iris and differences in these genes produce different eye colors. Every function of the body is controlled by one or more genes, including the way we break down food or medication.

Our genes are not completely error-free. The genes of each person are altered slightly by environmental effects. Most of these changes have no effect but a small number have a harmful effect. An even tinier number can produce a beneficial effect. Parents pass these changes, including defects, to their children. Thus most of our genetic defects are inherited from our parents.

In addition, our genes evolved to help us live in a completely different world, and some of our genetic traits can interact with our modern environment to create negative effects on the body. For example, the genetic predisposition to store dietary fat quickly and lose it slowly is beneficial for people who go through times when food is scarce: they have a better chance of surviving because their bodies use fat efficiently and store it for later. However, in the modern world, this trait is harmful because it programs the body to gain weight quickly and lose weight

slowly. Genes increase our risk of heart attacks, trigger asthma and allergies, cause lactose intolerance, and many other disorders.

Genetic traits can affect our health. While some genetic defects cause disease in all cases, most genetic traits just increase our risk of developing a disease. For example, a person may have genes that increase their risk for diabetes. However, not everyone at risk for diabetes actually develops the disease. Furthermore, even people with a high risk of diabetes can lower their risk with the right diet and exercise plan. Other genetic traits only cause illness when they are triggered by a specific environmental feature. For example, lactose intolerance is a genetic condition that causes a person who drinks milk to have digestive issues. A lactose-intolerant person who never drinks milk will not have any symptoms.

Thanks to the latest technologies, it is now possible to test specific genes to determine if you have genetic traits that are linked to various diseases. Based on the results of the analysis, we can develop a prevention program that significantly reduces your personal disease risk and helps you stay healthy.

A healthy lifestyle will decrease your risk of many diseases whether or not you have specific information about your genetic traits. However, we provide you with additional information that may point out other changes to your lifestyle that are not part of the standard medical advice. There are many examples, but one of the traits we test for is a gene that increases your body's ability to absorb iron. If you have this trait, you must not take iron supplements as the iron would accumulate and cause a life-threatening disease called haemochromatosis.

Experts estimate that every person carries about 2,000 genetic defects, which may affect their health, and in some cases, cause illnesses. A variety of factors can cause changes in our genes (also called mutations). In a few cases, these mutations can benefit us. However, the vast majority either have no effect or have a negative impact on our health. The best-known cause of mutations is radioactivity. Radioactive rays and particles actually impact the DNA in our cells and physically alter our genes. They mostly go unnoticed or cause deadly diseases, such as cancer, or congenital abnormality in newborns. Mutations are also caused by substances in burned food. The substances enter the cells and damage our genes, which can lead to colon cancer, among other forms of cancer. UV radiation from the sun can also damage our genes and cause diseases, such as skin cancer.

External influences can affect individual genes and disrupt their function, but the majority of our defective genes are inherited from our parents. Each embryo receives half of its genes from the father and half from the mother, resulting in a new human being with some characteristics of each parent. Whether a genetic defect is passed on, is determined randomly, and it may be that some of the children carry the defective gene and others do not.

Each person is the unique product of generations of accumulation and combination of different genetic traits. Some of those traits have negative effects on our health. With the latest technology, it is now finally possible to examine genes and determine personal health risks and strengths. In many cases, taking advantage of this knowledge, and following some precautionary measures, the diseases may be prevented. This is the next step in preventive medicine and a new generation of health care.

Action index

Discuss risks marked in orange or red with your doctor. All other results do not require any further attention assuming there are no current medical conditions.







PHARMACO GENETICS

Not ordered

ONCOLOGY

CARDIOVASCULAR SYSTEM

Not ordered

NEUROLOGY

Not ordered

METABOLISM

Not ordered

MOVEMENT

Not ordered

DIGESTION

Not ordered

OPHTHALMOLOGY

Not ordered

ODONTOLOGY

Not ordered

OTHERS

Not ordered

SCIENCE

ADDITIONAL INFORMATION



Colon Health Sensor

Effective prevention and early detection of colon cancer



Colon cancer

Colon cancer is one of the most common cancers in the Western world, affecting more than 6% of the population during the course of their lifetime. The chances of recovery are relatively good, provided early detection. Regular colonoscopy screening and the removal of benign intestinal polyps (which can turn into malignant cancer at a later stage) often helps detect cancer early on or prevent it altogether.

Men are more likely to be affected by colon cancer than females, with the ratio being around 60:40. About 90% of colon cancer cases occur after the age of 50. Statistics show that about 1 in 100 people between the ages of 45 and 75 has an undetected cancer, while about 3 in 100 have benign polyps in the gut that should be removed as a precautionary measure.

Risk factors

A number of environmental risk factors can increase the likelihood of colon cancer. In general, older people are increasingly affected. Vitamin D deficiency and the presence of colon polyps, as well as genetic predispositions or various disorders of the intestine (ulcerative colitis or Crohn's disease) are further factors that promote the development of the disease.

Diet is a major factor in colon cancer: the daily consumption of red meat increases the risk by 49% per 100g. The risk increases by about 70% per 100g of sausage. The risk can be reduced by 40% by increasing fibre intake.

Obesity, years of smoking, and a lack of sunlight that causes vitamin D deficiency, are also known risk factors for the onset of the disease.

Symptoms of colon cancer

Colon cancer usually remains unrecognized in the early stages, which makes early diagnosis and timely treatment much more difficult. The following symptoms may occur in advanced stages of colon cancer:

- Blood or mucus in the stool
- Intestinal cramps
- Pencil or goat kettle shaped stools
- Diarrhoea and constipation
- Flatulence
- Anemia (due to blood loss)
- Performance degradation
- Fatigue and general weakness
- Weight-loss

Genes relevant to colon cancer

Several genetic variations have been identified that are known to have an impact on the development of colon cancer. If considering these genetic variations as a whole, they can have a significant impact on the likelihood of developing a disease. The analysis of the relevant genetic variations allowed for the following conclusions:

Genetic traits			
SYMBOL	rs NCBI	POLYMORPH	GENOTYPE
CASC8	rs6983267	T>G	G/G
CASC8	rs10505477	G>A	G/G
CASC8	rs10808555	A>G	A/A
CASC8	rs7837328	G>A	G/G
CASC8	rs7014346	G>A	G/G
CCND1	rs9344	G>A	G/G
CDH1	rs16260	C>A	A/A
COLCA1/COLCA2	rs3802842	A>C	A/A
CYP1A1	rs1048943	A>G	A/A
DNMT3B	rs1569686	T>G	G/T
GREM1	rs10318	C>T	C/C
IL8/CXCL8	rs4073	T>A	T/A
IL10	rs1800872	C>A	C/A
MTHFR	rs1801133	C>T	C/C
MTRR	rs1801394	A>G	G/G
SMAD7	rs12953717	C>T	C/C
TGFB1	rs1800469	A>G	A/A

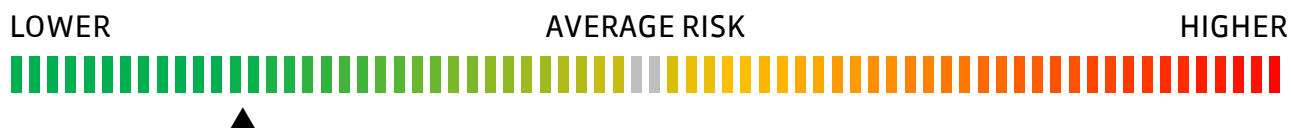
LEGEND: rsNCBI = description of examined genetic variation, POLYMORPHISM = form of the genetic variation, GENOTYPE = personal analysis result

Summary of effects

Here is a summary of the impact genetic variations have on your health:

- Your risk of developing colon cancer is lower than that of the population average.

Risk of colon cancer





Prevention

You do not have a genetically increased risk of developing colon cancer, therefore typical prevention and screening measures are sufficient for you. No special measures beyond the general rules of a healthy lifestyle are required.

Recommendations for your diet and lifestyle

According to the latest available information, the following nutritional recommendations apply as prevention against colon cancer:

- Reach and maintain a normal body weight.
- Ensure a balanced diet.
- Foods with large amounts of fat and sugar should only be consumed occasionally and in small quantities.
- Eat foods that are high in fibre.
- Reduce your consumption of red meat.
- Eat fish regularly.
- Alcohol should only be consumed in small quantities.
- Make sure you have enough vitamin D3.
- Do sports regularly.

Early diagnosis

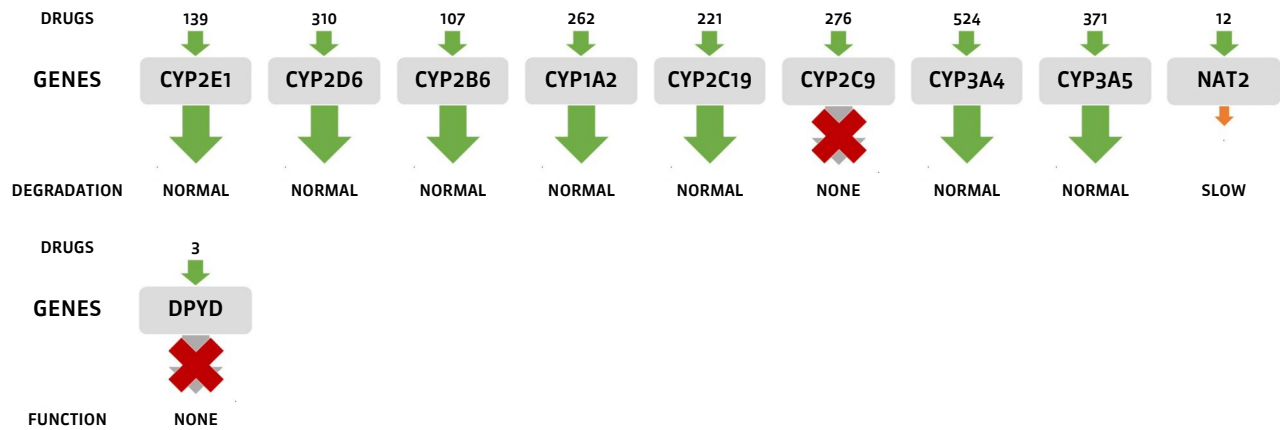
Early detection is critical to the successful treatment of any type of cancer. If the cancer is detected early on, it can usually be treated quite well and effectively.

The recommended screening program consists of the following examinations:

- CHEMICAL STOOL TEST: Annually (recommended from the age of 50)
- IMMUNOLOGICAL STOOL TEST: Annually (recommended from the age of 50)
- MAJOR COLONOSCOPY: Every 10 years (recommended from the age of 55)
- MINOR COLONOSCOPY: Every 5 years (recommended from the age of 55)



Drug compatibility









Effect on relevant medication

	Effect	Breakdown	Dose
Alfentanil	✓	↑	↑
Buprenorphine	✓	↑	↑
Codeine	✓	✓	✓
Enflurane	✓	✓	✓
Halothane	✓	✓	✓
Isoflurane	✓	✓	✓
Methadone	✓	↑	↑
Metoclopramide	✓	✓	✓
Paracetamol	✓	✓	✓
Sevoflurane	✓	✓	✓
Trifluridine	✓	✓	✓
Aprepitant	✓	↑	↑
Capecitabine	✓	✗	✗
Dolasetron	✓	✓	✓
Fentanyl	✓	↑	↑
Hydrocodone	✓	✓	✓
Levacetylmethadol	✓	↑	↑
Methotrexate	✓	✓	✓
Oxaliplatin	✓	✓	✓
Phenacetin	✓	✓	✓
Tegafur	✓	✗	✗
Zolmitriptan	✓	✓	✓
Bevacizumab	✓	✓	✓
Cetuximab	✓	✓	✓
Domperidone	✓	✓	✓
Fluorouracil	✓	✗	✗
Irinotecan	✓	↑	↓
Lidocain	✓	✓	✓
Methoxyflurane	✓	✓	✓
Oxycodone	✓	↑	✓
Ropivacaine	✓	✓	✓
Tramadol	✓	↑	✓

Please note: The right choice and dose of medication is always the responsibility of the doctor. Never make your own decision on whether to stop taking a medication or changing its dose!

Legend:

-  Effect: Normal. Degredation: Normal. Recommendation: Normal dosage.
-  Effect: Normal. Degradation: Slower. Recommendation: Reduce the dosage.
-  Effect: Normal. Degradation: None. Recommendation: Alternative drug.
-  Effect: Lower. Degradation: Normal. Recommendation: Normal dosage.
-  Effect: Lower. Breakdown: Lower. Recommendation: Reduce the dosage.
-  Effect: Stronger. Degradation: Stronger. Recommendation: Normal dosage.



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SCIENCE

ADDITIONAL INFORMATION



SCIENCE

This chapter shows the science behind the test.

Colon Health Sensor

CASC8 - Cancer susceptibility 8 (non-protein coding) (rs6983267)

Cancer susceptibility candidate 8 (CASC8) gene, a long non-coding RNA, is a gene desert region with no ability of protein coding. Recent evidence suggested that several CASC8 gene polymorphisms play important roles in various cancers.

RES	Genotype	POP	Possible results
X	G/G	41%	Increased risk of colon cancer (OR: 1.51)
	G/T	39%	Increased risk of colon cancer (OR: 1.20)
	T/T	20%	No increased risk of colon cancer

References

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- Poynter JN et al. Variants on 9p24 and 8q24 are associated with risk of colorectal cancer: results from the Colon Cancer Family Registry. *Cancer Res.* 2007 Dec 1,67(23):11128-32.
- Berndt SI et al. Pooled analysis of genetic variation at chromosome 8q24 and colorectal neoplasia risk. *Hum Mol Genet.* 2008 Sep 1,17(17):2665-72.
- Nan H et al. Aspirin use, 8q24 single nucleotide polymorphism rs6983267, and colorectal cancer according to CTNNB1 alterations. *J Natl Cancer Inst.* 2013 Dec 18,105(24):1852-61.
- Schafmayer C et al. Investigation of the colorectal cancer susceptibility region on chromosome 8q24.21 in a large German case-control sample. *Int J Cancer.* 2009 Jan 1,124(1):75-80.
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- Xiong F et al. Risk of genome-wide association study-identified genetic variants for colorectal cancer in a Chinese population. *Cancer Epidemiol Biomarkers Prev.* 2010 Jul,19(7):1855-61.
- Abulí A et al. Susceptibility genetic variants associated with colorectal cancer risk correlate with cancer phenotype. *Gastroenterology.* 2010 Sep,139(3):788-96, 796.e1-6.
- Cui R et al. Common variant in 6q26-q27 is associated with distal colon cancer in an Asian population. *Gut.* 2011 Jun,60(6):799-805.
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- He J et al. Generalizability and epidemiologic characterization of eleven colorectal cancer GWAS hits in multiple populations. *Cancer Epidemiol Biomarkers Prev.* 2011 Jan,20(1):70-81.
- Li M et al. Genetic variants on chromosome 8q24 and colorectal neoplasia risk: a case-control study in China and a meta-analysis of the published literature. *PLoS One.* 2011 Mar 24,6(3):e18251.
- Yao K et al. Correlation Between CASC8, SMAD7 Polymorphisms and the Susceptibility to Colorectal Cancer: An Updated Meta-Analysis Based on GWAS Results. *Medicine (Baltimore).* 2015 Nov,94(46):e1884.
- Hutter CM et al. Characterization of the association between 8q24 and colon cancer: gene-environment exploration and meta-analysis. *BMC Cancer.* 2010 Dec 4,10:670.
- Li L et al. Association of 8q23-24 region (8q23.3 loci and 8q24.21 loci) with susceptibility to colorectal cancer: a systematic and updated meta-analysis. *Int J Clin Exp Med.* 2015 Nov 15,8(11):21001-13. eCollection 2015.

CASC8 - Cancer susceptibility 8 (non-protein coding) (rs10505477)

Cancer susceptibility candidate 8 (CASC8) gene, a long non-coding RNA, is a gene desert region with no ability of protein coding. Recent evidence suggested that several CASC8 gene polymorphisms play important roles in various cancers.

RES	Genotype	POP	Possible results
X	C/C	21%	No increased risk of colon cancer
	C/T	42%	Increased risk of colon cancer (OR: 1.13)
	T/T	37%	Increased risk of colon cancer (OR: 1.28)

References

- Schafmayer C et al. Investigation of the colorectal cancer susceptibility region on chromosome 8q24.21 in a large German case-control sample. *Int J Cancer*. 2009 Jan 1;124(1):75-80.
- Real LM et al. A colorectal cancer susceptibility new variant at 4q26 in the Spanish population identified by genome-wide association analysis. *PLoS One*. 2014 Jun 30;9(6):e101178.
- Yao K et al. Correlation Between CASC8, SMAD7 Polymorphisms and the Susceptibility to Colorectal Cancer: An Updated Meta-Analysis Based on GWAS Results. *Medicine (Baltimore)*. 2015 Nov;94(46):e1884.
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- Gruber SB et al. Genetic variation in 8q24 associated with risk of colorectal cancer. *Cancer Biol Ther*. 2007 Jul;6(7):1143-7.
- Li L et al. Association of 8q23-24 region (8q23.3 loci and 8q24.21 loci) with susceptibility to colorectal cancer: a systematic and updated meta-analysis. *Int J Clin Exp Med*. 2015 Nov 15;8(11):21001-13. eCollection 2015.
- Tan C et al. Risk of eighteen genome-wide association study-identified genetic variants for colorectal cancer and colorectal adenoma in Han Chinese. *Oncotarget*. 2016 Nov 22;7(47):77651-77663.

CASC8 - Cancer susceptibility 8 (non-protein coding) (rs10808555)

Cancer susceptibility candidate 8 (CASC8) gene, a long non-coding RNA, is a gene desert region with no ability of protein coding. Recent evidence suggested that several CASC8 gene polymorphisms play important roles in various cancers.

RES	Genotype	POP	Possible results
	G/G	11%	Increased risk of colon cancer (OR: 1.28)
	G/A	45%	Increased risk of colon cancer (OR: 1.13)
X	A/A	44%	No increased risk of colon cancer

References

- Berndt SI et al. Pooled analysis of genetic variation at chromosome 8q24 and colorectal neoplasia risk. *Hum Mol Genet*. 2008 Sep 1;17(17):2665-72.
- Tan C et al. Risk of eighteen genome-wide association study-identified genetic variants for colorectal cancer and colorectal adenoma in Han Chinese. *Oncotarget*. 2016 Nov 22;7(47):77651-77663.
- Yang B et al. Genetic variants at chromosome 8q24, colorectal epithelial cell proliferation, and risk for incident, sporadic colorectal adenomas. *Mol Carcinog*. 2014 Feb;53 Suppl 1:E187-92.

CASC8 - Cancer susceptibility 8 (non-protein coding) (rs7837328)

Cancer susceptibility candidate 8 (CASC8) gene, a long non-coding RNA, is a gene desert region with no ability of protein coding. Recent evidence suggested that several CASC8 gene polymorphisms play important roles in various cancers.

RES	Genotype	POP	Possible results
	A/A	23%	Increased risk of colon cancer (OR: 1.37)
	A/G	45%	Increased risk of colon cancer (OR: 1.17)
X	G/G	32%	No increased risk of colon cancer

References

- Berndt SI et al. Pooled analysis of genetic variation at chromosome 8q24 and colorectal neoplasia risk. *Hum Mol Genet.* 2008 Sep 1,17(17):2665-72.
- Cui R et al. Common variant in 6q26-q27 is associated with distal colon cancer in an Asian population. *Gut.* 2011 Jun,60(6):799-805.
- Yao K et al. Correlation Between CASC8, SMAD7 Polymorphisms and the Susceptibility to Colorectal Cancer: An Updated Meta-Analysis Based on GWAS Results. *Medicine (Baltimore).* 2015 Nov,94(46):e1884.
- Li L et al. Association of 8q23-24 region (8q23.3 loci and 8q24.21 loci) with susceptibility to colorectal cancer: a systematic and updated meta-analysis. *Int J Clin Exp Med.* 2015 Nov 15,8(11):21001-13. eCollection 2015.
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- Yang B et al. Genetic variants at chromosome 8q24, colorectal epithelial cell proliferation, and risk for incident, sporadic colorectal adenomas. *Mol Carcinog.* 2014 Feb,53 Suppl 1:E187-92.

CASC8 - Cancer susceptibility 8 (non-protein coding) (rs7014346)

Cancer susceptibility candidate 8 (CASC8) gene, a long non-coding RNA, is a gene desert region with no ability of protein coding. Recent evidence suggested that several CASC8 gene polymorphisms play important roles in various cancers.

RES	Genotype	POP	Possible results
X	G/G	44%	No increased risk of colon cancer
	G/A	45%	Increased risk of colon cancer (OR: 1.12)
	A/A	11%	Increased risk of colon cancer (OR: 1.25)

References

- Kupfer SS et al. Genetic heterogeneity in colorectal cancer associations between African and European americans. *Gastroenterology.* 2010 Nov,139(5):1677-85, 1685.e1-8.
- Tenesa A et al. Genome-wide association scan identifies a colorectal cancer susceptibility locus on 11q23 and replicates risk loci at 8q24 and 18q21. *Nat Genet.* 2008 May,40(5):631-7.
- Yao K et al. Correlation Between CASC8, SMAD7 Polymorphisms and the Susceptibility to Colorectal Cancer: An Updated Meta-Analysis Based on GWAS Results. *Medicine (Baltimore).* 2015 Nov,94(46):e1884.
- Li L et al. Association of 8q23-24 region (8q23.3 loci and 8q24.21 loci) with susceptibility to colorectal cancer: a systematic and updated meta-analysis. *Int J Clin Exp Med.* 2015 Nov 15,8(11):21001-13. eCollection 2015.
- Tan C et al. Risk of eighteen genome-wide association study-identified genetic variants for colorectal cancer and colorectal adenoma in Han Chinese. *Oncotarget.* 2016 Nov 22,7(47):77651-77663.

CCND1 - Cyclin D1 (rs9344)

Cyclin D1, encoded by the CCND1 gene located on 11q13, plays an important role in the progression of the cell cycle. Cyclins function as regulators of CDK kinases and is required for progression through the G1 phase.

RES	Genotype	POP	Possible results
X	G/G	37%	No increased risk of colon cancer
	G/A	43%	Increased risk of colon cancer (OR: 1.13)
	A/A	20%	Increased risk of colon cancer (OR: 1.17)

References

- Qiu H et al. Investigation of cyclin D1 rs9344 G>A polymorphism in colorectal cancer: a meta-analysis involving 13,642 subjects. *Onco Targets Ther.* 2016 Oct 27;9:6641-6650. eCollection 2016.
- Xu XM et al. CCND1 G870A polymorphism and colorectal cancer risk: An updated meta-analysis. *Mol Clin Oncol.* 2016 Jun;4(6):1078-1084. Epub 2016 Apr 4.
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- Probst-Hensch NM et al. The effect of the cyclin D1 (CCND1) A870G polymorphism on colorectal cancer risk is modified by glutathione-S-transferase polymorphisms and isothiocyanate intake in the Singapore Chinese Health Study. *Carcinogenesis.* 2006 Dec;27(12):2475-82. Epub 2006 Jul 8.
- Zhang W et al. Cyclin D1 and epidermal growth factor polymorphisms associated with survival in patients with advanced colorectal cancer treated with Cetuximab. *Pharmacogenet Genomics.* 2006 Jul;16(7):475-83.
- Le Marchand L et al. Association of the cyclin D1 A870G polymorphism with advanced colorectal cancer. *JAMA.* 2003 Dec 3;290(21):2843-8.
- Porter TR et al. Contribution of cyclin d1 (CCND1) and E-cadherin (CDH1) polymorphisms to familial and sporadic colorectal cancer. *Oncogene.* 2002 Mar 14;21(12):1928-33.

CDH1 - Cadherin 1 (rs16260)

Cadherin-1, a tumour suppressor gene, provides the genetic code for making a protein called epithelial cadherin. E-cadherin is one of the most important molecules in cell-cell adhesion in epithelial tissues.

RES	Genotype	POP	Possible results
	C/C	58%	No protection against colon cancer
	C/A	36%	Protection against colon cancer (OR: 0.92)
X	A/A	6%	Protection against colon cancer (OR: 0.92)

References

- Grünhage F et al. Association of familial colorectal cancer with variants in the E-cadherin (CDH1) and cyclin D1 (CCND1) genes. *Int J Colorectal Dis.* 2008 Feb;23(2):147-54. Epub 2007 Oct 25.
- Pittman AM et al. The CDH1-160C>A polymorphism is a risk factor for colorectal cancer. *Int J Cancer.* 2009 Oct 1;125(7):1622-5.
- Wang Y et al. E-cadherin (CDH1) gene promoter polymorphism and the risk of colorectal cancer : a meta-analysis. *Int J Colorectal Dis.* 2012 Feb;27(2):151-8.

COLCA - Colorectal cancer associated (rs3802842)

Colorectal cancer associated protein 1 localizes in granular structures and has been associated with colorectal cancer.

RES	Genotype	POP	Possible results
X	A/A	52%	No increased risk of colon cancer
	A/C	39%	Increased risk of colon cancer (OR: 1.15)
	C/C	9%	Increased risk of colon cancer (OR: 1.32)

References

- Xiong F et al. Risk of genome-wide association study-identified genetic variants for colorectal cancer in a Chinese population. *Cancer Epidemiol Biomarkers Prev.* 2010 Jul,19(7):1855-61.
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- Tenesa A et al. Genome-wide association scan identifies a colorectal cancer susceptibility locus on 11q23 and replicates risk loci at 8q24 and 18q21. *Nat Genet.* 2008 May,40(5):631-7.
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- Giráldez MD et al. Susceptibility genetic variants associated with early-onset colorectal cancer. *Carcinogenesis.* 2012 Mar,33(3):613-9.

CYP1A1 - Cytochrome P450 family 1 subfamily A member 1 (rs1048943)

The haeme protein cytochrome P450-1A2 (CYP1A2) belongs to the group of cytochrome P450 enzymes and metabolizes various xenobiotic substances (including caffeine), medications and oestrogen.

RES	Genotype	POP	Possible results
X	A/A	77%	No increased risk of colon cancer
	A/G	19%	Increased risk of colon cancer (OR: 1.26)
	G/G	4%	Increased risk of colon cancer (OR: 1.54)

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DNMT3B - DNA methyltransferase 3 beta (rs1569686)

The DNA methyltransferase 3-beta protein belongs to the group of DNA methyltransferases that can transfer methyl groups to nucleic bases of DNA. The DNA methyltransferase 3-beta protein is able to methylate cytosine de novo, which is particularly important in early embryonic development.

RES	Genotype	POP	Possible results
	G/G	13%	Protection against colon cancer (OR: 0.84)
X	G/T	30%	Protection against colon cancer (OR: 0.84)
	T/T	57%	No protection against colon cancer

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GREM1 - Gremlin 1, DAN family BMP antagonist (rs10318)

Gremlin1 is a protein that inhibits the TGF-beta signaling pathway. It plays a role in the regulation of organogenesis, body patterns and tissue differentiation.

RES	Genotype	POP	Possible results
X	C/C	63%	No increased risk of colon cancer
	C/T	28%	Increased risk of colon cancer (OR: 1.13)
	T/T	9%	Increased risk of colon cancer (OR: 1.28)

References

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IL8 - Interleukin 8 (rs4073)

CXCL8 (interleukin-8) is a member of the chemokine family and produced by macrophages and other cell types. It acts on chemokine receptors CXCR1 and CXCR2, and is an important mediator in the immune reaction of the innate immune system response.

RES	Genotype	POP	Possible results
	A/A	31%	Increased risk of colon cancer (OR: 1.21)
X	A/T	42%	Increased risk of colon cancer (OR: 1.21)
	T/T	27%	No increased risk of colon cancer

References

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IL10 - Interleukin 10 (rs1800872)

Interleukin-10 is a cytokine with multiple effects in immunoregulation and inflammation. Studies suggested the function of this cytokine as an immunoregulator in the intestinal tract.

RES	Genotype	POP	Possible results
	A/A	21%	Increased risk of colon cancer (OR: 1.25)
X	A/C	44%	Increased risk of colon cancer (OR: 1.25)
	C/C	35%	No increased risk of colon cancer

References

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MTRR - 5-methyltetrahydrofolate-homocysteine methyltransferase reductase (rs1801394)

Methionine is an essential, sulphur-containing proteinogenic amino acid. The synthesis of methionine is catalyzed by the methionine synthase enzyme, which in turn requires homocysteine. The protein encoded by the MTRR gene (methionine synthase reductase) regenerates the inactive methionine synthase through methylation.

RES	Genotype	POP	Possible results
	A/A	43%	No increased risk of colon cancer
	A/G	41%	Increased risk of colon cancer (OR: 1.11)
X	G/G	16%	Increased risk of colon cancer (OR: 1.23)

References

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SMAD7 - SMAD family member 7 (rs12953717)

SMAD Family Member 7 is an antagonist of the transforming growth factor β (TGF- β) signaling and plays an important role in modulating a large array of biological processes. Dysregulation of Smad7 is associated with a variety of human diseases.

RES	Genotype	POP	Possible results
X	C/C	50%	No increased risk of colon cancer
	C/T	39%	Increased risk of colon cancer (OR: 1.16)
	T/T	11%	Increased risk of colon cancer (OR: 1.35)

References

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MTHFR - Methylenetetrahydrofolate reductase (NAD(P)H) (rs1801133)

Methylenetetrahydrofolate reductase (MTHFR) is involved in many metabolic pathways in the human body. It is responsible for the degradation of homocysteine to methionine in homocysteine metabolism.

RES	Genotype	POP	Possible results
X	C/C	59%	No protection against colon cancer
	C/T	33%	No protection against colon cancer
	T/T	8%	Protection against colon cancer (OR: 0.93)

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TGFB1 - Transforming growth factor beta 1 (rs1800469)

Transforming growth factor beta 1 is a cytokine which is involved in many cellular functions, including the control of cell growth, proliferation, differentiation, apoptosis, and plays an important role in controlling the immune system.

RES	Genotype	POP	Possible results
	C/C	42%	Increased risk of colon cancer (OR: 1.36)
	C/T	43%	Increased risk of colon cancer (OR: 1.18)
X	T/T	15%	No increased risk of colon cancer

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LEGEND: RES = your personal analysis result (marked with an X), GENOTYPE = different variations of the gene (called alleles),

POP = percent of the general population that have this genetic result,

POSSIBLE RESULTS = influence of the genetic variation.



PHARMACO GENETICS

Not ordered

ONCOLOGY

CARDIOVASCULAR SYSTEM

Not ordered

NEUROLOGY

Not ordered

METABOLISM

Not ordered

MOVEMENT

Not ordered

DIGESTION

Not ordered

OPHTHALMOLOGY

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ODONTOLOGY

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OTHERS

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SCIENCE

ADDITIONAL INFORMATION



ADDITIONAL INFORMATION

In this chapter you will receive useful information



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Technical details

Order number

DEMO_DS

Date of birth

01/01/1990

Established analysis methods

qRT-PCR, DNA sequencing, fragment length analysis, CNV assay, GC-MS, Immunocap ISAC, Cytolisa

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Product codes

M7COL

Current version

V538

Ordering company

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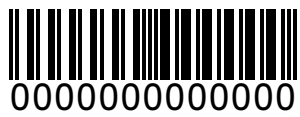
Laboratory Director

Dr. Daniel Wallerstorfer Bsc.

Laboratory Manager

Florian Schneebauer, MSc.

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